


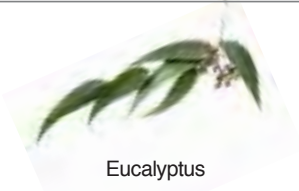





TERPENOIDS

Smells and Therapeutic Effects

α-PINENE	 <p>Pine needles</p>	Anti-bacterial Anti-fungal Anti-inflammatory Bronchodilator
β-CARYOPHYLLENE	 <p>Black Pepper Clove</p>	Anti-bacterial Anti-cancer Anti-fungal Anti-inflammatory Anti-septic
BORNEOL	 <p>Camphor</p>	Analgesic Anti-insomnia Anti-septic Bronchodilator
CARYOPHYLLENE OXIDE	 <p>Eucalyptus</p>	Anti-fungal Anti-ischemic
CINEOL	 <p>Tea Tree</p>	Anti-bacterial Anti-depressant Anti-inflammatory Anti-ischemic Bronchodilator
CITRONELLOL	 <p>Rose</p>	Anti-cancer Anti-inflammatory Anti-insomnia Anti-spasmodic
HUMULENE	 <p>Hops</p>	Anorectic Anti-cancer Anti-bacterial Anti-inflammatory

LIMONENE

Citrus

Anti-anxiety
 Anti-bacterial
 Anti-cancer
 Anti-depressant
 Anti-fungal
 Bronchodilator

LINALOOL

Lavender

Anti-anxiety
 Anti-bacterial
 Anti-convulsive
 Anti-depressant
 Anti-insomnia

MYRCENE

Lemongrass



Mango

Analgesic
 Anti-cancer
 Anti-inflammatory
 Anti-insomnia
 Anti-spasmodic

NEROLIDOL

Wood



Citrus rind

Anti-fungal
 Anti-insomnia

PHYTOL

Green Tea

Anti-insomnia

TERPINOLENE

Lilac



Apple

Anti-bacterial
 Anti-fungal
 Anti-insomnia
 Anti-septic